Awareness Week – 10th to 15th of March

Education Activities

1) Sidra Grand Rounds
Kidney Health for Everyone, Everywhere

Speakers: Dr. Ibrahim Shatat, Ana Grilo, Suhayla Sarhan, Sindiso Malaba

10th March, 2019
7 am - 8 am at Sidra Hospital Auditorium

Learning Outcomes:
1. Describe the early detection and prevention of kidney disease through management of Hypertension and Diabetes
2. Interpret the role of a healthy lifestyle in the prevention of kidney disease
3. Discuss Chronic Kidney Disease (CKD) in the Pediatric Population
4. Verbalize the model of care for the pediatric CKD patients

*This activity is an accredited group learning activity (Category 1) as defined by the Qatar Council for Healthcare Practitioners – Accreditation Department and is approved for a maximum of 1 hour.*

*This activity was planned by and for the healthcare team, and learners will receive 1 hour Interprofessional Continuing Education (PCE) credits for learning and change.*
2) Stall station in Sidra’s Cafeteria from 11am to 1pm every day of the week – for staff and patients awareness

**Stall 1 – Posters raising awareness regarding the following topics:**

- Early detection and prevention of chronic kidney disease;
- Prevention and management of Hypertension;
- Prevention and management of Diabetes;
- Encourage healthy life styles (diet and exercise);
- CKD in the Pediatric population;
- Care for pediatric patients with CKD;
- Dialysis treatment;
- Transplant program.

**Stall 2 – Organ Donation Campaign (HIBA – HMC)**

- How to become a donor in Qatar

**Stall 3 – Blood pressure check-up**

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**Education session: Transplant - deceased organ donation system**

- 10**th** March – 10am to 11am – location 7A Conference Room
- 11**th** March - 10am to 11am – location 7A Conference Room
- 12**th** March - 10am to 11am – location 7A Conference Room

**Agenda**

1. Brain death diagnosis
2. Donor management in ICU
3. Family approach and consent process

**Speaker:** ABDEL HADI R R ABU JEISH – Transplant Coordinator HMC
4) **Patient Activities**
   - Promote a fun week for dialysis and nephrology patients with Child Life department support in 7A ward with facial painting, games and more surprises

5) **Joint Activities with HMC**
   - Walkathon – 15th March – Corniche

**Sponsorship**
   - T-shirts with Sidra’s logo and the logo of the World Kidney Day (see below) – for staff promoting the activities
   - Kit with facial colors for the 18 patients in the dialysis program
   - 100 Pens and 100 magnets with WKD logo