

Shared Decision-Making (SDM): Why It Matters?

SDM supports open discussion between patients and HCPs and is recognized in expert consensus guidance as the preferred model for medical decision-making.¹



What is Shared Decision-Making?

The shared decision-making (SDM) model allows for open discussion between the individual seeking health care and the HCP and uses a collaborative approach to choose a treatment.²

Three things you should know about SDM in the context of renal failure

1 SDM is the preferred practice

It's recognized in expert consensus guidance from the US Renal Physicians Association (RPA) and American Society of Nephrology (ASN) as **"the preferred model for medical decision-making"** because it addresses patient need to be fully informed.¹



2 SDM is what patients want

The evidence shows patients want pre-dialysis education and that most still look to their health-care provider for modality recommendations.³



75% of predialysis patients want education³



>50% prefer to delegate modality decisions to their HCP³



<25% prefer to make decision themselves³

3 SDM increases adoption of PD

The evidence shows that patient-targeted modality education may lead to more patients choosing PD and that this translates to increased uptake of PD.⁴

↑ **2.1x** increased likelihood of patients receiving PD as initial dialysis therapy (observational studies)⁴

↑ **4.6x** increase in patients choosing PD (single randomized controlled trial)⁴

↑ **3.5x** increase in patients receiving PD as initial modality (observational study)⁴

References: 1. Renal Physicians Association and the American Society of Nephrology. Shared Decision-Making in the Appropriate Initiation of and Withdrawal from Dialysis. Second Edition. Renal Physicians Association. October, 2010. 2. Yu X, Nakayama M, Wu MS, Kim YL, Mushahar L, Szeto CC, Schatell D, Finkelstein FO, Quinn RR, Duddington M. Shared Decision-Making for a Dialysis Modality. Kidney Int Rep. 2021 Oct 30;7(1):15–27. 3. Jayanti A, et al. Healthcare decision-making in end stage renal disease—patient preferences and clinical correlates. BMC Nephrol. 2015;16(189):1–17. 4. Devoe DJ, et al. Patient Education and Peritoneal Dialysis Modality Selection: A Systematic Review and Meta-analysis. Am J Kidney Dis. 2016;68:422–433.



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