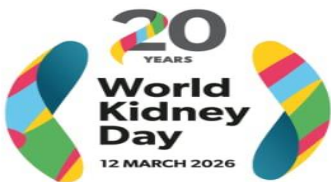


WORLD KIDNEY DAY IN MALAWI

KIDNEY HEALTH FOR ALL

**Caring for People,
Protecting the Planet**



#WorldKidneyDay
#KidneyHealthForAll
#OurKidneysOurPlanet
worldkidneyday.org
World Kidney Day is a joint initiative of
ISN **PKF-WKA**
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intermed

Partners in
HOPE
"Christ's Love in word and deed"



Abwenzi
Pa Za Umoyo
Partners In Health



BLANTYRE ADVENTIST HOSPITAL
We Care, God Heals.

WOCACA
WOMEN'S COALITION AGAINST CANCER
"Together We Can"

PREPARED BY
KIDNEY FOUNDATION-MALAWI

EXECUTIVE SUMMARY

World Kidney Day is a global observance dedicated to raising awareness about the vital role of the kidneys, the impact of kidney disease, and the challenges faced by people living with kidney conditions—particularly in accessing timely diagnosis, treatment, and care. Since 2009, the Kidney Foundation-Malawi, in partnership with the Ministry of Health, has joined the international community in marking this day on the second Thursday of March.

Recognizing the importance of this event, the Foundation expanded the 2026 commemoration into a week-long campaign held from 6th to 12th March. The aim was to provide the public with accessible information and opportunities for kidney disease screening. Throughout the week, a range of activities took place, including radio and television panel discussions supported by Partners In Health (PIH), community radio programs, and screening initiatives.

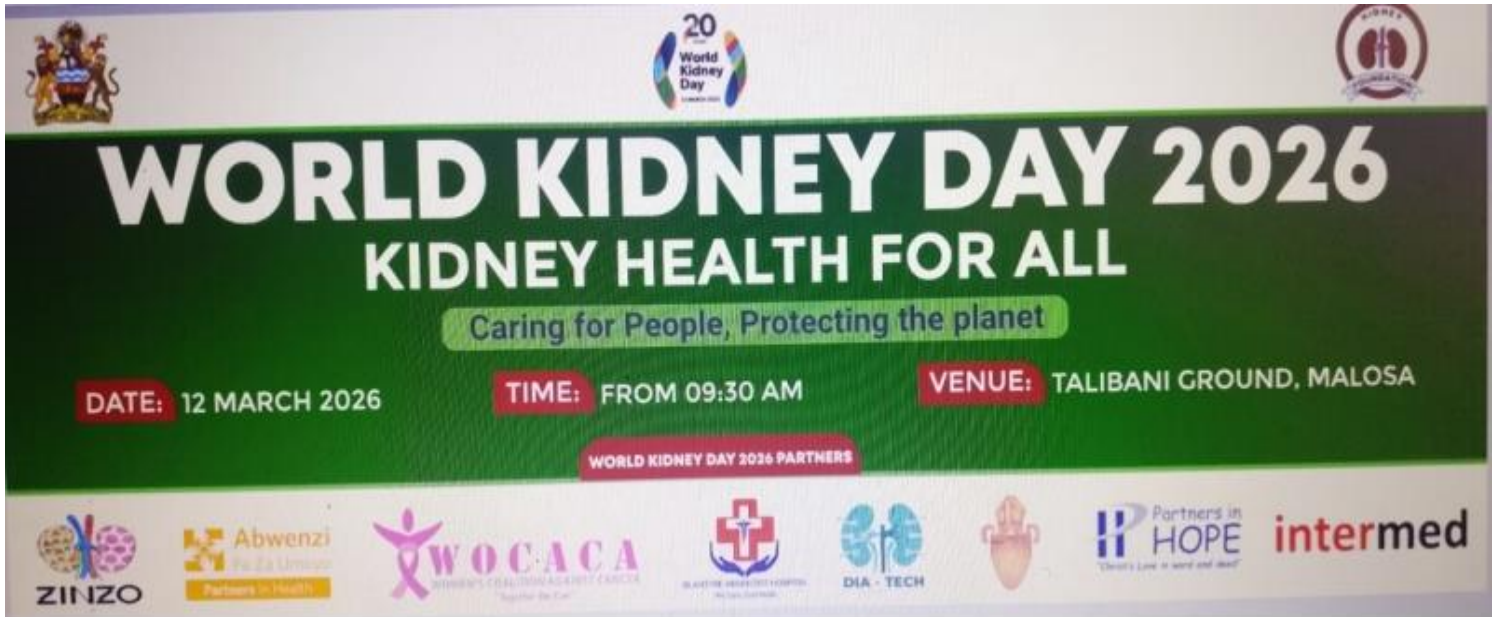
The main event was held on 12th March 2026 at Talibani Ground in Malosa, under Traditional Authority Malemia in Zomba. The Guest of Honour was Dr. Sydney Chaima from Zomba Central Hospital. The Ministry of Health was represented by Mr. Hastings Chiumia. Other attendees included clergy and staff from St. Luke Hospital, traditional leaders, the AYIDO youth group, church leaders, individuals living with kidney failure, and school children.

The following partners supported the 2024 World Kidney Day activities:

1. Ministry of Health
2. Blantyre Adventist Hospital
3. Kamuzu Central Hospital
4. Queen Elizabeth Central Hospital
5. Partners In Health
6. Partners in Hope
7. Women Coalition Against Cancer (WOCACA)
8. St. Luke Hospital
9. DIA-Tech Solutions
10. Bliss Pharmacy
11. Intermed Pharmacy
12. Mr. Emmanuel Maliro
13. Dr. Valerie Luyckx
14. Professor Maureen Leah Chirwa
15. Mr. Kazuhito Sugimoto and Mrs Kaho Sugimoto
16. Dr. Thom Mpinganjira
17. Malawi Health Equity Network
18. Kidney Foundation Malawi

TOGETHER WE DID IT.

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VOICELESS**



The main event was well attended and played a key role in increasing public awareness of kidney disease, its risk factors, and available treatment options. The Foundation extends its sincere appreciation to all partners and individuals who contributed financial, technical, and in-kind support, as well as those who participated in the various activities and attended the main event.

As this is an annual initiative, the Foundation welcomes continued support from partners and well-wishers for future commemorations. The next World Kidney Day event is planned for the Northern Region of Malawi.

KIDNEY FOUNDATION –MALAWI
INCREASING THE AWARENESS OF KIDNEY DISEASE IN MALAWI

<https://kidneyfoundationmalawi-github-io.vercel.app/>

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ACKNOWLEDGEMENT

The Foundation would like to extend its sincere appreciation to all those who worked tirelessly day and night to ensure the successful planning and delivery of World Kidney Day 2026. Special recognition goes to the Ministry of Health, Partners In Health, Partners in Hope, DIA-Tech Solutions, Kamuzu Central Hospital, Intermed Pharmacies and St. Luke Hospital for their invaluable support.

We also acknowledge the dedication of the organizing committee, whose efforts made both the main event and the series of activities impactful and meaningful. Our gratitude goes to Evelyn Chibwe, Misheck Chipyoza, Dr. Kasenga, Aubrey Kumpasa, Mercy Chipyoza, Peter Gwetsa, and Samuel Kumwanje.

The Foundation is equally grateful to our Guest of Honour, Dr. Sydney Chaima, for gracing the main event held at Talibani Ground on 12th March 2026. We extend our appreciation to Mr. Hastings Chiumia for representing the Ministry of Health, and to Dr. Beatrice Matanje, CEO of the Malawi National AIDS Commission, for her technical guidance during the preparations.

We would also like to thank Dr. Kasenga for coordinating the groundwork and logistics in Malosa, and Mrs. Mayamiko Khomba for delivering an insightful presentation on the current status of kidney disease in Malawi. Special mention goes to the Director of Ceremonies, Fr. Elliot Kumwanje, for skillfully guiding the program.

Finally, we commend the Secretariat for compiling the post-event report, under the leadership of Samuel Kumwanje, and recognize Misheck Chipyoza for capturing high-quality photographs that documented the event.



PAVILIONS SHOWCASING WORK BEING DONE ON NCDS – WKD 2026, MALOSA,

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To mark the launch of World Kidney Day 2026, the Foundation hosted a webinar aligned with the global theme, bringing together experts to explore the links between kidney health, environmental sustainability, and quality care.

Mathews Malata, an environmental advocate and disaster risk reduction communication specialist, opened the discussion by examining how climate change is contributing to the rise of non-communicable diseases, including kidney disease. Dr. Mercy Mkandawire, a nephrologist at Kamuzu Central Hospital, spoke on the importance of caring for patients while also safeguarding the environment.

Mayamiko Munthali Khomba, a Nephrology Nursing Specialist in the Department of Internal Medicine (Renal Unit) at Kamuzu Central Hospital, addressed pregnancy care and emphasized the need to ensure good kidney health for all women. Geoffrey Gadi highlighted the responsibility of service providers to strengthen healthcare delivery systems while remaining mindful of environmental protection.

The session was skillfully moderated by Evelyn Chibwe from the Non-Communicable Diseases and Mental Health Department of the Ministry of Health, who guided a thoughtful and engaging discussion throughout.

**WORLD KIDNEY DAY 2026
WEBINAR**

**KIDNEY HEALTH FOR ALL;
CARING FOR PEOPLE,
PROTECTING THE PLANET**

6 MARCH | 3PM MALAWIAN TIME

Mathews Malata
Environmental Advocate & Malawi 2063
Environmental Sustainability Champion

Dr Mercy Mkandawire
SPEAKER

Geoffrey Gadi
SPEAKER

Mayamiko Khomba
Nephrology Nurse
SPEAKER

Evelyn Chibwe
MODERATOR

20th World Kidney Day ANNIVERSARY

For Registration and more details
kidneyfoundation196@gmail.com
0999224763

**KIDNEY HEALTH FOR ALL,
CARING FOR PEOPLE, PROTECTING THE PLANET**

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THE PANNEL DISCUSSION

Partners In Health supported the 2026 World Kidney Day by sponsoring a panel discussion aired on Malawi Broadcasting Television. The discussion brought together Sister Victoria Nandolo Kachipapa, a dialysis nurse at Kamuzu Central Hospital, alongside Dr. Peter Jere and Dr. David Chando from the Department of Internal Medicine (Renal Unit) at the same hospital. Their insights helped shed light on kidney care, treatment options, and the challenges faced by patients.



VICTORIA NANDOLO KACHIPAPA DURING THE PANEL DISCUSSION AT MBC WKD 2026

RADIO PROGRAMS AND INTERVIEWS

A series of radio and television programs complemented these efforts, broadening public outreach. The discussions were featured on Malawi Broadcasting Corporation (both TV and radio), Luntha TV, Mulimi Radio, and Radio Alinafe, helping to carry key messages on kidney health to diverse audiences across the country.

THE MAIN FUNCTION

The main event took place on 12th March at Talibani Ground in Malosa, Zomba. It brought together a wide range of participants and featured several activities designed to raise awareness about kidney disease and promote prevention and treatment options.

Malosa was deliberately chosen as the venue in light of DIA-Tech Solutions' plans to open a dialysis unit at St. Luke Hospital. Hosting the event there provided an opportunity to inform communities in the Eastern Region about the availability of dialysis services closer to them.

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The event attracted participants from across the country, including staff and patients from Mzuzu Central Hospital, Kamuzu Central Hospital, Queen Elizabeth Central Hospital, and Blantyre Adventist Hospital. Also in attendance were representatives from Blantyre Water Board, medical staff from Partners in Hope, the team from DIA-Tech Solutions, staff from St. Luke Hospital, as well as local community and church leaders under Traditional Authority Malemia. School children from surrounding villages also took part.

The day began with a symbolic walk covering approximately 2.2 kilometers, aimed at reaching people who could not attend the main gathering. The procession was lively and engaging, with performances by the AYIDO dancing group, whose music and drumming drew community members to join in. The walk was led by the Guest of Honour, alongside traditional leaders, representatives from the Ministry of Health, and healthcare professionals, all united in promoting awareness and encouraging community participation.



THE FRONT LINE OF THE BIG WALK

Several speakers took the floor during the event, each reinforcing the central message. The first was Traditional Authority Malemia, who delivered the welcome remarks in his role as custodian of the area. The programme also gave the chief an opportunity to share his experiences within the community, particularly regarding disease and the attitudes people hold toward seeking medical care at local health facilities.

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As a community leader, T/A Malemia urged village headmen, church leaders, and community members to take the message seriously and avoid the habit of staying away from the hospital when a family member falls ill.

He also expressed his appreciation to the organizing committee for selecting his area, noting that it was the first time such an important event had been held there. He highlighted the significance of raising awareness about kidney disease, a condition that remains unfamiliar to many in the community.

“Let’s join hands to control the disease and protect those at risk,”

Inspired by the 2026 World Kidney Day theme; ***Kidney Health for All: Caring for People, Protecting the Planet*** the message was brought to life through songs and drama performed by the AYIDO Youth Group.

The group skillfully adapted the theme to reflect their local context, capturing the audience’s attention with energetic dance and vivid, real-life storytelling. Their performances used drama to portray everyday situations, making the message both relatable and memorable. <https://youtu.be/PwjR0V4txEA>



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SOME OF THE PARTICIPANTS OF WKD 2026 IN MALOSA

The event also featured informative health talks delivered by professionals in the field. Innocent Mwakikunga, a dialysis nurse from Queen Elizabeth Central Hospital, and Mayamiko Munthali Khomba, a Nephrology Nursing Specialist from the Department of Internal Medicine's renal unit at Kamuzu Central Hospital, shared their expertise with the audience.



Mr. Innocent Mwakikunga placed strong emphasis on the risk factors that are common in rural communities such as Malosa, where the event was held. He also highlighted important signs and symptoms that anyone can easily recognize, including general body pains and vomiting.

**“There is no other way to
Treat kidney disease apart from
seeking medical attention
at the hospital.”**

INNOCENT MWAKIKUNGA-QECH DIALYSIS NURSE WKD

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Mayamiko Khomba, drawing from her experience in the renal department, explained that the event is not only observed in Malawi but is a global commemoration held on the second Thursday of March each year. She said this year's theme is ***Healthy Kidney for All: Caring for People, Protecting the Planet***. According to her, the theme encourages early detection of kidney disease and proper care for those already affected.

She noted that around 850 million people worldwide are living with kidney disease, while in Malawi the condition affects about 16 percent of the population. She added that local clinics currently have more than 500 patients on conservative management, while over 100 patients are receiving dialysis at KCH and QECH.

However, she pointed out that many more patients still need dialysis. Due to limited space and equipment, some sadly lose their lives while waiting for treatment. She also mentioned that more than 15 people have travelled to India for kidney transplants.

Khomba explained that kidney transplants are still uncommon in Malawi because they are costly, not available locally, and require lifelong post-surgery care. She stressed the importance of helping the public understand the serious complications that can arise when people delay seeking medical attention.



MAYAMIKO MUNTHALI KHOMBA, A NEPHROLOGY NURSING SPECIALIST.

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DR KASENGA FROM ST LUKE HOSPITAL

The Director of Dia Tech Solutions explained that throughout his life he had hoped to become a medical doctor so he could help patients. Although that path took a different direction, he said he is now serving people through medical engineering.

He shared that his passion is to support people living with kidney disease, especially those from the Eastern Region of Malawi, by improving access to dialysis services that are both affordable and accessible.

He added that, with modern and improved dialysis machines, services will be provided at St. Luke Hospital. This will help ensure that people from districts such as Balaka, Machinga, Mangochi, and Zomba can access dialysis treatment closer to home.



**ISSACK GONANI
DIRECTOR DIA TECH SOLUTION**

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Charity Mnolo, one of the patients from QECH, shared a powerful testimony that helped the public understand that kidney disease can affect anyone, regardless of wealth, education, or social status.

She spoke about the many challenges people living with kidney disease face in accessing dialysis services in Malawi. Among the most common difficulties are persistent drug shortages and the long distances many patients travel to receive treatment.

At the same time, she offered a message of hope, saying that a diagnosis of kidney disease is not the end of the world. She encouraged people to seek medical attention as the best step toward managing the condition.

<https://youtu.be/2oW8MbRXYkY>

Mr. Billy Ngwira, who has expressed a willingness to donate one of his kidneys to any compatible recipient, attended the event and spoke about the importance of organ donation within the community. He encouraged people to consider donating kidneys to patients on dialysis, noting that dialysis often comes with many complications. He also pointed out that many patients are forced to travel long distances to access dialysis services in Lilongwe and Blantyre. Because of this, he said kidney transplants can offer a better long-term solution than depending only on dialysis.

Mr. Ngwira shared that his interest in donation grew stronger after learning that his close friend, Emmanuel, was born with only one kidney. This convinced him that a person can live a healthy life with one kidney. He added that he is currently working with KCH medical team to identify a recipient who is compatible with him. He ended by calling on the public to join hands and support those who are suffering, giving them a better chance to live healthy and fulfilling lives. <https://youtu.be/vTvlFzcaD2E>

**KIDNEY TRANSPLANT REMAINS THE ONLY BEST
OPTION FOR KIDNEY PATIENTS**

DONATE A KIDNEY AND SAVE A LIFE



MR AND MRS BILLY NGWIRA

Speaking on behalf of the Kidney Foundation, Aubrey Kumpasa thanked all participants, the organising committee, and World Kidney Day partners for their support and contribution toward the success of the event.

In his remarks, he emphasised the urgent need for an additional dialysis unit in the Eastern Region of Malawi. He welcomed the proposal by DIA Tech Solutions to establish the unit at St. Luke Hospital, saying it would greatly benefit people from Balaka, Machinga, Zomba, Mangochi, and parts of Ntcheu. According to him, this would allow patients from these areas to access dialysis services closer to home while also easing the burden on QECH.

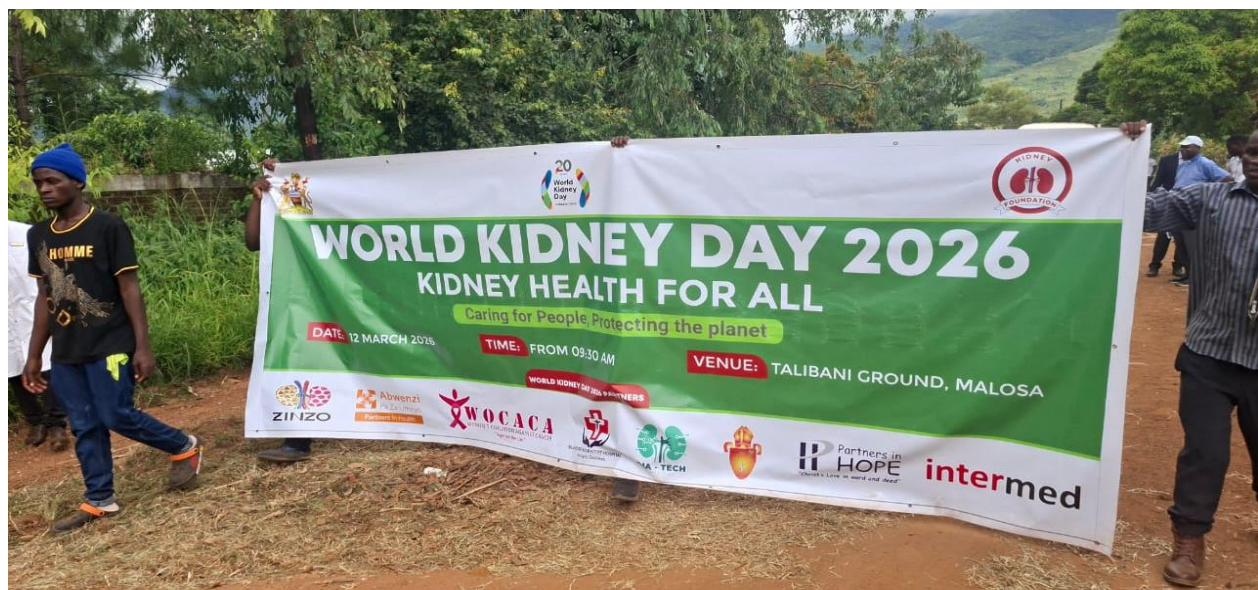
He also called on the Ministry of Health to speed up the installation of the new dialysis unit at Mzuzu Central Hospital so as to reduce the number of patients seeking treatment at KCH. In addition, he urged the government to consider installing a dialysis unit at Liwonde to further improve access for communities in the Eastern Region.

Representing the Ministry of Health, Mr. Hastings Chiumia acknowledged the growing need for dialysis services in the eastern region and assured the community that government plans are underway to establish dialysis units in all central hospitals. He said work at Mzuzu is already in progress and that Zomba Central Hospital would follow. He further stated that the government is committed to expanding dialysis services in Malawi and has allocated about 3 billion kwacha toward improving treatment capacity. He added that government will also invest in training medical personnel to strengthen service delivery.

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The Guest of Honour, Dr. Chaima, expressed appreciation to all partners who contributed financially, materially, and technically to make the event possible. He also thanked community members for taking part in World Kidney Day 2026, which was held in Malosa. Special recognition was given to the organising committee for selecting Malosa as the venue, noting that the location was especially meaningful as St. Luke Hospital prepares to launch its dialysis unit. He also commended Dr. Kasenga and the entire St. Luke management team for hosting the event.

In his presentation, Dr. Chaima highlighted the 2026 theme, ***Kidney Health for All: Caring for People, Protecting the Planet***, describing it as highly relevant because it speaks both to those at risk and those already affected by kidney disease. He explained that healthy kidneys are essential for a productive and fulfilling life, allowing people to live without major health limitations or unnecessary hardship. He also outlined the important functions of the kidneys and why protecting them should be a priority for everyone. <https://youtu.be/Y3QzM2pFcXI>



VIDEO LINKS

1. <https://youtu.be/Y3QzM2pFcXI>
2. <https://youtu.be/vTvlFzcaD2E>
3. <https://youtu.be/2oW8MbRXYkY>
4. <https://youtu.be/EsRueioBhCE>
5. <https://youtu.be/PwjR0V4txEA>
6. <https://youtu.be/OUflqPlsfzk>
7. <https://youtu.be/wTK4JeJPkS0>
8. <https://youtu.be/BXnin0K-a-Y>

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IN THE PICTURE.



A CROSS SECTION OF PARTICIPANTS OF THE WKD 2026 – TALIBANI GROUND, T/A MALEMIA



VILLAGE HEADS WHO ATTENDED THE WKD 2026 – MALOSA

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PAVILIONS SHOWCASING WORK BEING DONE ON NCDS – WKD 2026, MALOSA,



DIA-TECH SOLUTIONS STAFF WITH MR & S NGWIRA – WKD 2026, MALOSA, ZOMBA.

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MEDICAL PERSONNEL MARCH WHILE DANCING TO THE BEATS OF THE AYIDO DANCING GROUP – WKD 2026, MALOSA, ZOMBA.



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THE DIRECTOR OF CEREMONIES EMPHASIZING THE IMPORTANCE OF MEDICAL CHECK-UPS – WKD 2026, MALOSA, ZOMBA.



MEDICAL PERSONNEL POSE FOR A GROUP PHOTO – WKD 2026, MALOSA, ZOMBA.

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DIA TECH SOLUTION MANAGING TEAM-WKD 2026 MALOSA

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DR. KASENGA MAKING A PRESENTATION – WKD 2026, MALOSA, ZOMBA.



PART OF THE BIG WALK TEAM- WKD 2026 MALOSA

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WORLD KIDNEY DAY 2026 WAS VERY SUCCEFUL BECAUSE OF YOU

THANK YOU VERY MUCH

FOR MORE INFORMATION CONTACT

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+265 999 224 763

For your support

BANK DETAILS .

BANK NAME	: FDH BANK
ACCOUNT NAME	: KIDNEY FOUNDATION
BRANCH	: OLD TOWN LILONGWE
ACCOUNT NUMBER	: 1400100329915
SWIFT CODE	: FDHFMWMW

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