

WKD Activity Report

- **Full Name:** SABINA EBERL
- **Organization name:** The Secondary School for Health Care and Cosmetology Maribor (Slovenia), Trg Miloša Zidanška 3, 2000 Maribor, Slovenia
- **Country:** Slovenia (Europa)
- **Activities of note:**

On March 12, 2026, students from the Secondary School for Health Care and Cosmetology Maribor (Slovenia) marked World Kidney Day in cooperation with the Maribor Dialysis Patients Association. At the Europark Maribor shopping center, students Tian Đurđević, Mila Tanasić, and Zoja Režonja provided free blood pressure and blood glucose measurements for visitors. With their professional approach, excellent communication, and enthusiasm, they attracted many passersby and encouraged conversations about kidney health, prevention, and the importance of early detection of kidney disease. The activities were organized under the mentorship of Sabina Eberl, RN, MSc in Health and Social Management, a teacher of professional nursing subjects and practical nursing training, who previously worked for many years at a dialysis department and is dedicated to sharing her experience with future healthcare professionals. At the school, first-year students of the nursing assistant program created a World Kidney Day poster that was displayed at the entrance of the school. Branko Cvikl, an IT teacher, adapted the 2026 kidney awareness brochure into a digital format so it could be displayed on a screen. The Maribor Dialysis Patients Association also provided additional educational brochures to support prevention and promote kidney health awareness. Secondary school teacher of nursing and practical training Gordana Mitrović Županec also participated by accompanying other students from the school who visited the stand and supported the awareness activities.

On March 13, 2026, in our nursing class, we commemorated yesterday's World Kidney Day. The students were divided into three groups. They prepared notes for all classmates, outlining how to take care of kidney health. At the end of the month, on March 29, 2026, I (Sabina Eberl) will give a lecture on kidney protection at the Leskovec Stari Log Pensioners' Association. The students will also measure blood pressure and blood sugar levels during this event. Members of the Maribor Kidney Patients' Association will share their personal stories, illustrating how they have coped with kidney disease and renal replacement therapy for end-stage kidney failure.

- **Media coverage:**
/

- **Social media and website analytics:**

<https://www.facebook.com/SZKSMB/>

- **Celebrity involvement:**
/
- **Advocacy efforts:**
/
- **Please paste here below any relevant pictures.**



