



KENYA RENAL ASSOCIATION

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WORLD KIDNEY DAY 2026 REPORT

Introduction

The **World Kidney Day 2026** was commemorated in Kenya through a series of coordinated nationwide activities led by the **Kenya Renal Association**, in collaboration with key stakeholders including the **Ministry of Health Kenya**, county governments, healthcare institutions, and community partners.

The campaign focused on raising awareness on kidney health, promoting early detection, and encouraging preventive care to reduce the burden of kidney disease in Kenya.

Objectives of the 2026 Activities

The activities aimed to:

- Raise awareness about kidney disease and its risk factors
 - Promote early detection through free kidney screening
 - Educate the public on prevention and healthy lifestyles
 - Amplify patient voices and lived experiences
 - Strengthen stakeholder collaboration
 - Advocate for increased focus on kidney health in Kenya
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Nationwide Coordination of Activities

The **Kenya Renal Association**, with support from the **Ministry of Health Kenya** and **county governments across the nation**, coordinated activities before, during, and after World Kidney Day.

These included:

- Free kidney screening programs
- Public awareness campaigns
- Health education sessions
- Community outreach initiatives

This collaborative approach ensured wide national coverage and impact.

Participating Hospitals and Institutions

The success of the 2026 World Kidney Day activities was made possible through collaboration with numerous hospitals, kidney centers, laboratories, and healthcare institutions across Kenya.

Participating institutions included:

- Kenyatta National Hospital
- Ministry of health Kenya
- Various County governments across the nation
- Machakos Level 5 Hospital
- Homa Bay County Referral Hospital
- Kapkatet County Referral Hospital
- Siaya County Referral Hospital
- Lamu County Referral Hospital
- Kenya Navy
- Synergy Hospital
- Kenyatta University Teaching, Referral and Research Hospital (KUTRRH)
- Moi Teaching and Referral Hospital (MTRH)
- Aga Khan University Hospital
- The Nairobi Hospital
- Karen Hospital
- Mater Hospital
- Mater Misericordiae Hospital
- Metropolitan Hospital
- Avenue Hospital
- Avenue Healthcare
- Parklands Kidney Centre
- MP Shah Hospital
- The Nairobi West Hospital
- Coptic Hospital
- AAR Hospital
- Nairobi Adventist Hospital

- Gertrude's Children's Hospital
- Mbagathi County Hospital
- The Tala Hospital
- Bishop Kioko Catholic Hospital
- Naivasha Sub-County Referral Hospital
- Nyahururu County Referral Hospital
- Migori County Referral Hospital
- Kitale County Referral Hospital
- Muthale Mission Hospital
- Consolata Hospital Gitoro
- St. Luke's Orthopaedic and Trauma Hospital
- St. Scholastica Uzima Hospital
- Rapha Hospital and Clinics
- Oak Tree Centre for Kidney and Chronic Diseases
- CKS Kimuka Hospital
- Brother Andre Hospital
- Ladnan Hospital
- Lifecare Hospitals
- Ushirika Elite Hospital
- Eldoret Hospital – Asahi Intecc Heart Centre
- Fortis Kidney Center
- Figo Care Dialysis Centres
- Myer Kidney & Health Specialties Hospital
- The Excelligent Health Hospital
- Equity Afya
- Cerba Lancet Kenya
- BlueQuest Medical Lab
- Allegheny Health Network
- Malindi Subcounty Hospital
- JM Kariuki Referral Hospital
- Mwai Kibaki Referral Hospital

- Kapenguria County Referral Hospital
- Gatundu Level 5 Hospital

These institutions played a vital role in delivering screenings, education, and outreach, significantly expanding the reach and impact of World Kidney Day activities across Kenya.

Free Kidney Screening Programs

Free kidney screening services were offered throughout the World Kidney Day week across participating facilities nationwide.

The screenings included:

- Blood pressure checks
 - Urine analysis
 - Blood sugar testing
 - Kidney function tests
 - Medical consultations and health education
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National Celebration at Kenyatta National Hospital

The main national celebration was held at the **Kenyatta National Hospital**, bringing together key stakeholders including:

- Senior government officials
- Representatives from the **Ministry of Health Kenya**
- County government representatives
- Healthcare professionals (nephrologists, doctors, nurses)
- Kidney patients and support groups
- Media personalities
- Members of the general public

The event featured an awareness walk, educational sessions, free screenings, and patient testimonies.

The celebration was further enriched by performances from the **Kenya Prisons Service Band**, which enhanced community engagement and participation.

Media Engagement and Public Awareness

To amplify awareness, the **Kenya Renal Association** coordinated extensive media engagement throughout the week, including:

- Television interviews
- Radio discussions
- Expert insights from nephrologists and healthcare professionals
- Patient stories and testimonials

These engagements helped address myths surrounding kidney disease and encouraged early screening.

Digital and Social Media Engagement

A vibrant digital campaign was implemented to complement on-ground activities and reach a wider audience.

The campaign included:

- Short videos and reels
- Educational posters and infographics
- Patient stories and awareness messages
- Interactive social media content

Additionally, key activities were **live streamed on YouTube and Facebook**, enabling real-time participation and engagement from audiences across the country and beyond.

This digital approach significantly increased visibility and engagement, especially among younger audiences.

Educational Forums and Webinars

The association organized kidney health talks and webinars, both physical and virtual, covering:

- Chronic kidney disease awareness
- Prevention and lifestyle practices
- Dialysis and kidney transplantation
- Patient care and support

These sessions facilitated knowledge sharing and broader participation nationwide.

Community Engagement Activities

To promote active public participation, various community-based activities were organized, including:

- Kidney awareness walks
- Kidney runs
- Fan engagement activities and games
- Public outreach events

These initiatives created an inclusive platform for community involvement in promoting kidney health.

Impact and Outcomes

The coordinated nationwide campaign resulted in:

- Increased uptake of kidney screening services
 - Improved public awareness of kidney health
 - Expanded reach through digital and media platforms
 - Strengthened collaboration among national and county stakeholders
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Conclusion

The **World Kidney Day 2026** campaign marked a significant milestone in advancing kidney health awareness in Kenya.

Through strong collaboration with the **Ministry of Health Kenya**, county governments, healthcare institutions, and partners, the **Kenya Renal Association** successfully delivered a high-impact, nationwide campaign.

The Association remains committed to sustaining these efforts and expanding access to kidney care through continued collaboration, innovation, and advocacy.

Here are links to the Videos and photos:

Event Livestreams:

YouTube: https://www.youtube.com/live/FwnHrtA2cic?si=AiO7k_CD7TP9vg9M

Facebook: <https://www.facebook.com/share/v/1ArBZECCnZ/>

Photo Gallery:

<https://fastlaneconsultantsltd.pixieset.com/worldkidneyday2026/>

Activities Photos:

Awareness Walk & Free Screening | Kenyatta National Hospital



The collage consists of eight photographs documenting the World Kidney Day 2020 activities at Migori and Nyahururu County Referral Hospitals.

- Top Left:** Five staff members standing behind a large banner for the 12th March World Kidney Day 2020. The banner lists free services including health education, blood pressure, kidney function tests, and diabetes screening.
- Top Center:** A grid of six small social media-style posts featuring staff members and the event's theme.
- Top Right:** A large group of staff and community members posing in front of the Nyahururu County Referral Hospital Outpatient building.
- Middle Left:** A large group of staff and community members posing in front of the Migori County Referral Hospital building.
- Middle Right:** A group of people sitting at tables under a white tent, participating in a free health screening. A banner in the background lists services like blood pressure, blood sugar, and body mass index.
- Bottom Left:** A staff member interacting with a community member at a table covered with a blue cloth, with a banner for the event in the background.
- Bottom Right:** A group of people sitting at a table, engaged in a discussion or activity, with a banner for the event in the background.



R&N KIRIA ELDORET

WORLD KIDNEY DAY COMMUNITY RUN

Get ready to run, walk, skip, or dance your way through a fun-filled route suitable for all ages and fitness levels!

14 March, 2026 | 6.50 AM

📍 RUPA'S MALL, ELDORET

RUN FOR A CAUSE

KIDNEY HEALTH FOR ALL

Caring for People, Protecting the Planet

2K 5K 10K

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