

WKD Activity Report

- **Full Name:** The Nephrology Society of Thailand
- **Organization name:** The Nephrology Society of Thailand
- **Country:** Thailand

- **Activities of note:**

The **Nephrology Society of Thailand**, in collaboration with its partner networks, hosted a series of activities to commemorate **World Kidney Day 2026**. These activities were held under a Thai slogan aligned with the International Society of Nephrology (ISN) campaign. The event took place on **March 8th, 2026**, from 10:30 AM to 3:00 PM at the Eden Zone, 3rd Floor, CentralWorld, Bangkok.

Highlights and activities included:

- **Educational Exhibitions:** Insights into kidney health and maintenance.
- **Free Kidney Function Screenings:** Complimentary health check-ups for the public.
- **Expert Medical Talks:** Discussions on kidney disease prevention led by specialist physicians.
- **Cooking Demonstrations:** Lessons on preparing kidney-friendly meals with famous chefs.
- **Innovation Fashion Show:** A showcase of products created from recycled dialysis fluid bags.

The panel discussions covered several key topics:

1. Screening for prevention, kidney disease awareness, and caring for our planet.
2. Environmental pollution and PM 2.5: The toxic dust destroying your kidneys.
3. "Think Before You Share": Fact-checking kidney disease information on social media.
4. A Q&A session with the experts.

Additionally, an **exhibition of booths** provided counselling on lifestyle adjustments to prevent chronic kidney disease (CKD), cooking demonstrations for the "Siam Diet," paediatric care, and practical techniques for sodium reduction. Preparation and guidance for patients starting dialysis were also provided.

Special guests included **Chef Kornkanok Chaopreecha**, artist **Supadej Wilairat**, and master of ceremonies **Somkiat Kunanithiphong**. The event was organized and supported by a wide network, including the Kidney Foundation of Thailand, Bhumirajanagarindra Kidney Institute Hospital, Nephrology Nurses Association of Thailand, Thai Dietetic Association, Thai Pediatric Nephrology Association, Kidney Friends Association of Thailand, Less Salt Network, Thai Transplant Society, and the Central Group.

The **Nephrology Society of Thailand** will organize the fun run and race for the Royal Trophy in celebrating the 50th Anniversary of The Nephrology Society of Thailand at World Kidney Day 2026. The race date will be July 5th, 2026, at the Green Mile of Bangkok, Lumpini Park, with three



distances (2.5, 5 and 10 kilometres). All proceeds after expenses will be donated to the Kidney Foundation of Thailand.

- **Media coverage:** Information at Facebook of The Nephrology Society of Thailand

nephrothai.org (website)

<https://www.facebook.com/kidneythai> (Facebook)





Thai Newspapers announced the event

<https://www.thaipost.net/news-update/959677/>

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<https://www.thaipbs.or.th/news/content/503098>

หยุด! เสียงไตวาย "งดรสเค็ม-มัน" ภัยเงียบ "คุกคาม" ประชากรโลก

สังคม

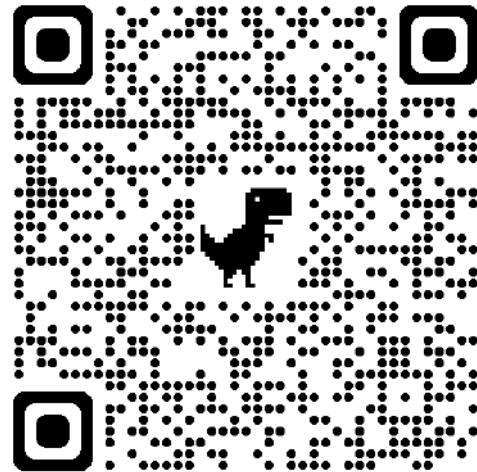
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- **Social media and website analytics:** Engagement at the event around 250 cases
Facebook Live of The **Nephrology Society of Thailand** on March 8th, 2026



<https://www.facebook.com/share/v/1YuNG9bD3M/>

Page views 12,000 times, share 123 times, press like 185 times and get 12 comments

The WKD event on March 8th, 2026

Booth's exhibition





Cooking demonstration





Products from peritoneal dialysis bags



Products from peritoneal dialysis bags demonstrated by the celebrities.



Health examination



Opening and Panel discussion



- **Celebrity involvement:**

Special guests included **Chef Kornkanok Chaopreecha** (Cooking demonstration, Lessons on preparing kidney-friendly meals), the artist **Supadej Wilairat** (Joining the Innovation Fashion Show: A showcase of products created from recycled dialysis fluid bags) and master of ceremonies **Somkiat Kunanithiphong**

- **Advocacy efforts:**

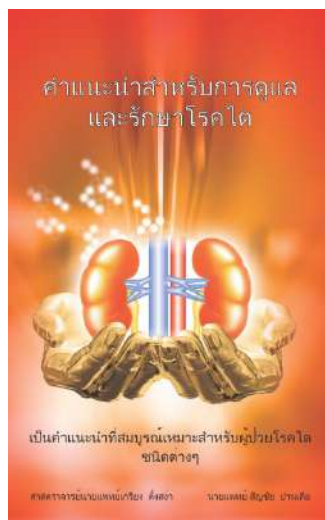
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The Central Group supported an area for the event located at the CentralWorld, Bangkok

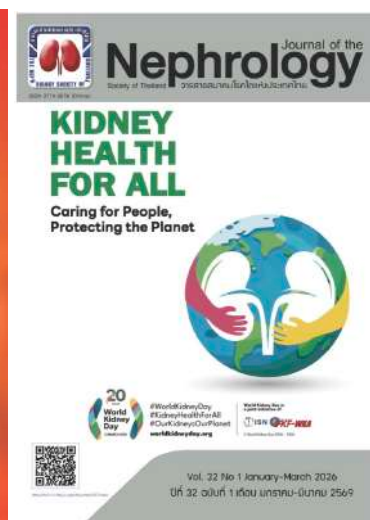
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The **Nephrology Society of Thailand** is hosting three additional activities for WKD 2026. First, the society is promoting the Thai translation of the ISN book for public education. Second, a special edition of the *Journal of the Nephrology Society of Thailand* has been announced in honor of WKD. Finally, the CKD Weekend Annual Meeting will be held in May 2026, featuring themes and topics aligned with the WKD 2026 slogan.

Book for education



Journal of the Nephrology Society of Thailand



CKD weekend symposium

