



WKD 2023 Report

Name: Dialysis Department

Organization name: Addu Equatorial Hospital

Country: Maldives

Number of events organized/collected in your country: 5

Activities of note (please give a brief description of the activity with links to online sources that mentioned it):

1. School Health Program

SRN Fathimath Nishy and SRN Faina Rauf conducted a health education session on kidney health, for students of grade 6 & 7 in Sharafuddin School, Addu City. The session was held on 5th March 2023, at 11am. Around 80 students participated in this session. A 30-minute session was taken using the online materials provided by WKD organization.

<https://www.facebook.com/AEHAdduCity/posts/pfbid0SvwTgyvQP6kJSnjJSZRE82rTEqij297vdEdWu2MRo5cEWS5jc4HYaEp3C2SSRcVTI>

2. Health Education Session in Hospital

An official celebration of World Kidney Day 2023 was held on 7th March 2023 from 8-9am, in Addu Equatorial Hospital (AEH) conference hall. All HODs of the hospital, dialysis patients and their relatives, nursing department, nursing ward managers and in-charges of various wards took part in this celebration. The main aim of the celebration was to educate dialysis patients and relatives about fistula/catheter care, fluid intake and their diet. Dialysis department statistics, activities as well as our recommendations were presented to the management. WKD banners and WKD posters were used to create information banners. All patients present together had the chance to cut the Kidney Day cake and enjoy breakfast with the staff and their fellow patients. This function was organized and held by the dialysis team nurses.

<https://www.facebook.com/AEHAdduCity/posts/pfbid027er14r3cJQj9a9QYruDZ6rKDVsjTcAVtVgsgXwrYAVJwAVRvfCiZb3FY4pxYN4BRI>

3. Participated in Show Your Kidneys Challenge

Participated in the show your kidneys challenge with all the departments in AEH. Created four posts on social media with health messages related to kidneys.



<https://www.facebook.com/AEHAdduCity/posts/pfbid0BXGpCYvdXtr5kGEnhA8KeJJehU1KVGNbKEQZa337qyLqAhGRVGLrBKDLfcXARtI>

4. Distribution of gifts to patients

Gifts were prepared for all patients of AEH dialysis department and given to the patients.

5. Health Awareness Event in City Square

On 10th March 2023, we had a health awareness event in one of the main public areas in Addu City, City Square. In this event, we included a health education tent where we gave education regarding CKD and a health screening tent where we checked GRBS, BP and BMI. Furthermore, games and quiz related to kidneys were also included for making the event interesting to the public. We also had speakers to read out health messages regarding kidneys. Posters were also included in the event, which was mostly taken from the WKD page. This event was organized by dialysis department nurses.

<https://www.facebook.com/AEHAdduCity/posts/pfbid06PEpXUFg1hfx7r5gFvzUmmreXWnczbRKTREE8a6DMZ8XcdrJMrKPE3dpsoh999BFI>

Attach representative pictures





















KIDNEYS HELP
CONTROL YOUR
BLOOD PRESSURE



#SHOWYOURKIDNEYS



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KIDNEYS HELP
CONTROL YOUR
BLOOD PRESSURE



#SHOWYOURKIDNEYS



KIDNEYS HELP
PROMOTE RED
BLOOD CELLS



#SHOWYOURKIDNEYS



KIDNEYS
REMOVE TOXINS
AND EXCESS OF
WATER



#SHOWYOURKIDNEYS



KIDNEYS KEEP
YOUR BONES
HEALTHY



#SHOWYOURKIDNEYS



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