



National  
Kidney  
Foundation  
Malaysia

# 'RAKAM & MENANG' SOCIAL MEDIA CONTEST

## 14<sup>TH</sup> FEBRUARY - 28<sup>TH</sup> FEBRUARY 2022

RAKAM & MENANG' IS A CONTEST JOINTLY ORGANIZED BY NKF AND THE MALAYSIAN SOCIETY OF NEPHROLOGY (MSN) FOR THE PUBLIC TO CREATE AWARENESS ON KIDNEY AND HEALTH IN CONJUNCTION WITH WKD 2022.

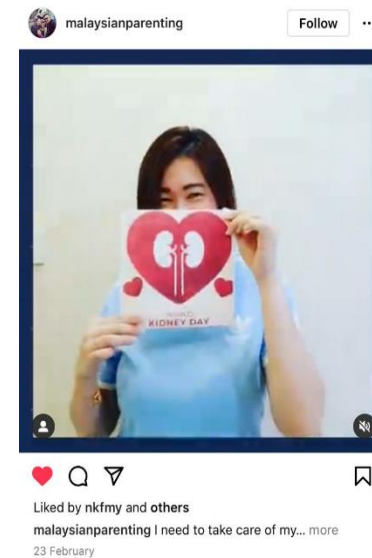
30 EARLY BIRD ENTRIES OF CREATIVE SLOGAN WON RM30.00 EACH AND 10 MOST CREATIVE SLOGAN VIDEOS WON AN ADDITIONAL RM70.00 ADDING IT TO RM100.00 IN TOTAL.



1. COMPLETE THE SLOGAN, I NEED TO TAKE CARE OF MY KIDNEYS BECAUSE .....
2. RECORD & UPLOAD A VIDEO OF YOUR SLOGAN TO INSTAGRAM WITH HASHTAGS #WKD2022 #NKFMY
3. FOLLOW OUR INSTAGRAM (@nkfmy) & TAG 3 FRIENDS

CLOSING DATE FOR SUBMISSION  
**28 FEBRUARY 2022**

WIN CASH PRIZES  
UP TO  
**RM1,600**



# INTER-UNIVERSITIES & COLLEGES WKD 2022 CELEBRATION

THIS EVENT IS A COLLABORATION BETWEEN THE MALAYSIA SOCIETY OF NEPHROLOGIST, NATIONAL KIDNEY FOUNDATION OF MALAYSIA, MINISTRY OF HEALTH AND MINISTRY OF HIGHER EDUCATION. 16 UNIVERSITIES & COLLEGES PARTICIPATED.

## HIGHLIGHTS OF THE PROGRAMME:

- KIDNEY EXHIBITION
- 100 PLEDGERS IN 5 HOURS
- JUMP ROPE CHALLENGE
- ONLINE KAHOOT QUIZ
- SURVEYS



**2-MIN JUMP ROPE CHALLENGE**

12 MARCH 2022  
9.00AM - 1.00PM

VENUE:

INTER UNIVERSITY & COLLEGE CATEGORY

UNIVERSITY & COLLEGE CATEGORY

1ST PRIZE 1 x RM100\*

2ND PRIZE 1 x RM70\*

3RD PRIZE 1 x RM50\*

GRAND PRIZE!  
1 X BICYCLE!

\*Terms & Conditions:  
1. The organizer's decisions are final and reserves the right to reject any participants failing to meet the requirement.  
2. The organizer reserves the right to use any photos of the participants without prior notice.  
3. The organizer is not liable to any form of injury or damage that may happen before, during and after the event.  
4. Every participant must adhere to the SOP stated by the government throughout the event.  
5. Open to students of participating universities and colleges only.



**Online Quiz Kahoot!**

INTER-UNIVERSITIES & COLLEGES  
WORLD KIDNEY DAY 2022 CELEBRATION

SATURDAY | 12 MARCH 2022 | 12.50PM - 1.15PM

PRIZES  
1ST RM150.00 | 2ND RM100.00 | 3RD RM50.00

\*TERMS & CONDITIONS:  
1. OPEN TO THE FIRST 100 PARTICIPANTS FROM PARTICIPATING INSTITUTIONS FOR INTER-UNIVERSITIES & COLLEGES WORLD KIDNEY DAY 2022 CELEBRATION.  
2. THE WINNERS SELECTION IS FINAL AND CONCLUSIVE.



Inter-Universities & Colleges  
World Kidney Day 2022 Celebration

**100 PLEDGERS  
IN 5 HOURS  
CHALLENGE**

HOW TO PLEDGE?

1. Get more information from us
2. Complete the organ donation pledge form
3. Get your pledge card
4. Update your family member that you have become an organ pledger

REGISTER NOW

Follow us!

@nkfmy NKF Malaysia

# INTER-UNIVERSITIES & COLLEGES WKD 2022 CELEBRATION





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# WORLD KIDNEY DAY 2022 LAUNCHING

**WKD 2022 LAUNCHING WAS OFFICIATED BY OUR YB KHAIRY JAMALUDDIN, MINISTER OF HEALTH MALAYSIA, YB DATUK SERI DR. NORAINI, MINISTRY OF HIGHER EDUCATION, PROF. DR. ABDUL HALIM ABDUL GHAFOR, PRESIDENT OF MALAYSIA SOCIETY OF NEPHROLOGIST, AND DATO' DR. ZAKI MORAD, CHAIRMAN OF NATIONAL KIDNEY FOUNDATION OF MALAYSIA**

**FORUM ON LIVING TRANSPLANTS: CODE:LIFE- A BIG GIVE- ORGAN DONATION WAS ALSO DONE VIRTUALLY IN CONJUNCTION WITH WKD 2022 LAUNCHING.**



YB Datuk Seri Dr. Noraini Ahmad  
Menteri Pengajian Tinggi



YB Khairy Jamaludin  
Menteri Kesihatan Malaysia



Prof. Dr. Abdul Halim Abdul Gafor  
Presiden Persatuan Nefrologi Malaysia



Dato' Dr. Zaki Morad Mohamed Zaher  
Pengerusi Yayasan Buah Pinggang Kebangsaan Malaysia