



WKD 2023 Report

Name: Dr Sunita Bavanandan

Organization name: Nephrology Department of Hospital Kuala Lumpur (HKL)

Country: Malaysia

Number of events organized/collected in your country: 1

Activities of note (please give a brief description of the activity with links to online sources that mentioned it):

In conjunction with World Kidney Day 2023, the Nephrology Department of Hospital Kuala Lumpur (HKL) led by Dr. Sunita Bavanandan (Head of Department) organized the World Kidney Day celebration from 9 March 2023 to 17 March 2023.

The event was kicked off with a 45-minute Zumba exercise session at 7:30 am on 9 March 2023 led by facilitators from the physiotherapy department of Hospital Kuala Lumpur. This event was a success, and approximately 100 healthcare workers participated in this exercise. It was then officiated by Deputy Director (Medicine) Hospital Kuala Lumpur, Dr Marina binti Abdullah Sani.

The guests of honor were ushered to the exhibition booths located in the SCACC Building where the Nephrology Department together with the Department of Pharmacy, Dietary, and Paediatrics Nephrology held some interactive exhibits and educational games. The exhibition booths were on display until 10th March 2023. Educational pamphlets on kidney diseases from the National Kidney Foundation (NKF) Malaysia were given out to the public.

The following week, from 13 March 2023 to 17 March 2023, the Nephrology Department of Kuala Lumpur Hospital also gave educational talks to the public via Facebook Lives, daily at 1pm for 5 days. The topics presented were as tabled below and were delivered in Malay language to cater to the local population.

DATE	TOPIC AND SPEAKER
13 March 2023	Acute Kidney Injury Dr Nge Chee Seng
14 March 2023	Chronic Kidney Disease Dr Tee Meng Kang
15 March 2023	Treatment for Kidney Disease Dr Muhammad Saifuddin bin Zainal



16 March 2023	Medications and Kidney: Culprit or Cure? Dr Tan Xue Qi
17 March 2023	Kidney Disease During Pregnancy Dr Muhammad Imran bin Kamaruddin

Link to presentation: <https://www.facebook.com/nephrohkl>

On 15th March 2023, the Nephrology Department of Hospital Kuala Lumpur, in conjunction with World Kidney Day, organized a talk during our weekly Hospital CME session. This CME session was attended by approximately 100 participants comprising paramedics and doctors from Hospital Kuala Lumpur. Nurul Izah binti Ahmad, Nephrology Fellow, delivered the talk “Kidney Health for All: Preparing for the Unexpected, Supporting the Vulnerable!” and it was well received by the audience.



Pictures above taken during Zumba session in Hospital Kuala Lumpur.



Pictures taken during Zumba session.



Dr Marina binti Abdullah Sani, Deputy Director, Hospital Kuala Lumpur, officiating World Kidney Day 2023 Celebration in Hospital Kuala Lumpur.

Dr Sunita Bavanandan, Head of Nephrology Department, Hospital Kuala Lumpur and Dr Marina binti Abdullah Sani, Deputy Director (Medicine), Hospital Kuala Lumpur, delivering their opening speech after Zumba session on 9th March 2023.





Nurul Izah binti Ahmad, delivering her talk, a case discussion based on World Kidney Day theme during Hospital CME session.



Nephrology Department photo taken after the Hospital CME session.