



# WKD 2023 Report

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**Name:** Anna Kricka

**Organization name:** The Latvian Association of Nephrologists

**Country:** Latvia

**Number of events organized/collected in your country:**

3 (2 online, 1 onsite)

**Activities of note (please give a brief description of the activity with links to online sources that mentioned it):**

On World Kidney Day, March 9, the Riga Stradiņš university Nephrology student scientific interest group organized health check-ups where anyone could measure blood pressure, blood sugar and fill up questionnaire about kidney health, 5th and 6th year medical students were also consulting participants about their health.

The Latvian Association of Nephrologists together with P. Stradiņš clinical university hospital held a conference for doctors "Kidney health 2023" <https://nefrologs.lv/en/2023/02/25/doctors-are-invited-to-participate-in-kidney-health-2023/> and online discussion on Facebook live for wider audience and patients <https://www.facebook.com/divigani.lv/videos/740338897668460> .

Before March 9 the Riga Stradiņš University (RSU) student scientific interest group of nephrology together with doctors from The Latvian Association of Nephrologists made infographics about kidney diseases and healthy tips for patients, e.g. "What is chronic kidney disease?", "How to prepare in case of emergency for chronically ill?" and others (See more in attached files). All of the materials (in Latvian) can be found on our social platforms <https://www.facebook.com/nefrologs/> and [https://www.instagram.com/nefrologs\\_lv/](https://www.instagram.com/nefrologs_lv/)

We also participated in the campaign #ShowYourKidneys, which spread further to the doctors, medical students, and some schools.

**List of media that published WKD press releases or mentioned WKD related activities (newspapers, magazines, online publications, TV, radio, etc..) – please provide link to online sources:**

Most of the publications are in Latvian, this is a list of all known publications (except our posts on Facebook and Instagram):

- Online publications about upcoming World Kidney Day events - <https://www.delfi.lv/calis/jaunumi/9-marta-bez-maksas-vares-parbaudit-asinsspiedienu-glikozes-limeni-un-nieru-veselibu.d?id=55305540> and <https://medicine.lv/raksti/pasaules-nieru-diena-atgadinās-par-zinasanam-un-rupem-nieru-veselibai>
- Interview with Asoc.prof.dr.med. Ieva Ziediņa on news of Latvian television - <https://replay.lsm.lv/lv/ieraksts/lv/287971/intervija-ar-latvijas-nefrologu-asociācijas-prezidenti-ievu-ziedinu>
- TV news story about onsite event by RSU student scientific interest group of nephrology - [https://www.youtube.com/watch?v=SBUpfcVh6Ok&ab\\_channel=LTVZi%C5%86udienests](https://www.youtube.com/watch?v=SBUpfcVh6Ok&ab_channel=LTVZi%C5%86udienests)
- Other media video - [https://youtu.be/vV3U67t\\_jOQ](https://youtu.be/vV3U67t_jOQ)
- Interview with dr. Kārlis Rāčenis on TV channel TV3 news - <https://zinatv3.lv/latvija/sabiedriba/pasaules-nieru-diena-notiks-izglitojosas-un-informativas-aktivitates/>
- Interview with asoc.prof.dr.med. Viktorija Kuzema and dr. Kārlis Rāčenis on Latvian radio 1 - <https://lr1.lsm.lv/lv/raksts/ka-labak-dziivot/nieru-veseliba-ka-pamanit-problemas-un-tas-efektivi-noverst.a173823/>

Attach representative pictures



