



# WKD 2023 Report

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**Name:** Efraim Ariesandy

**Organization name:** Fresenius Medical Care Indonesia

**Country:** Indonesia

**Number of events organized/collected in your country:** 20

**Activities of note (please give a brief description of the activity with links to online sources that mentioned it):**

- 1) Healthy kidney awareness as laymen education events in collaboration with patient groups, Indonesia Society of Nephrology, hospitals, and other supported stakeholders of private & public/government sectors to build and send the message for a healthy lifestyle to prevent kidney diseases and patient education on how to live better with CKD.
- 2) WKD Goes to School in collaboration with the Indonesian Society of Nephrology to provide early awareness about healthy lifestyle to prevent kidney disease.
- 3) FUN WALK HEALTHY KIDNEY on Sunday at Protocol Street of Jakarta during 'Car Free Day' with a Renal Screening Test, Kidney Talk Show, and Healthy Kidney Aerobics.
- 4) Encourage our internal employees to support the WKD with Kidney Awareness Campaigns

**List of media that published WKD press releases or mentioned WKD related activities (newspapers, magazines, online publications, TV, radio, etc..) – please provide link to online sources:**

- Laymen Education Event with Patient Groups (JGI & HGM) – Talk Show, Photo/Video on Social Media competition, small enterprises exhibition from patient group members, talent show.
  - <https://www.youtube.com/watch?v=r-5VhID3qDo>
  - <https://www.tiktok.com/@jagaginjal.id/video/7212598671475576091>
  - <https://www.facebook.com/groups/494684048253347/>
  - <https://suaramuhammadiyah.id/2023/03/20/lazismu-bangkitkan-semangat-penyintas-gagal-ginjal/>
- WKD Goes To School
  - [https://www.linkedin.com/posts/efraimariesandy\\_pernefri-earlyeducation-kidneyhealthforall-activity-7049811167627669504-eTSX?utm\\_source=share&utm\\_medium=member\\_desktop](https://www.linkedin.com/posts/efraimariesandy_pernefri-earlyeducation-kidneyhealthforall-activity-7049811167627669504-eTSX?utm_source=share&utm_medium=member_desktop)
- Internal Employees of Fresenius Medical Care support for 2023 WKD campaign:



- [https://www.linkedin.com/posts/efraimariesandy\\_worldkidneyday-showyourkidneys-kidneyhealthforall-activity-7039626955331166208-w-SI?utm\\_source=share&utm\\_medium=member\\_desktop](https://www.linkedin.com/posts/efraimariesandy_worldkidneyday-showyourkidneys-kidneyhealthforall-activity-7039626955331166208-w-SI?utm_source=share&utm_medium=member_desktop)
- WKD Fun Walk:
  - <https://www.instagram.com/stories/highlights/17999941834713251/>
  - [https://www.instagram.com/p/CpcjtgpeUu/?utm\\_source=ig\\_web\\_copy\\_link](https://www.instagram.com/p/CpcjtgpeUu/?utm_source=ig_web_copy_link)
- Collaboration with nationwide Hospitals:
  - <https://www.youtube.com/watch?v=VVKo7Mil398>
  - <https://www.youtube.com/live/VVKo7Mil398?feature=share>
  - <https://serpong.inews.id/read/270796/hari-ginjal-sedunia-rs-siloam-lippo-village-ingatkan-kesadaran-akan-penyakit-degeneratif>
  - <https://www.industry.co.id/read/119919/rs-siloam-lippo-village-turut-rayakan-hari-ginjal-sedunia>
  - <https://www.youtube.com/watch?v=n99zKDRWxRo>
  - <http://rsud.bontangkota.go.id/2023/03/09/hari-ginjal-sedunia-bersama-komunitas-ginjal-rsud-taman-husada/>
  - [https://business.facebook.com/hashtag/hariginjalsedunia?source=feed\\_text&epa=HASHTAG](https://business.facebook.com/hashtag/hariginjalsedunia?source=feed_text&epa=HASHTAG)
  - <https://youtu.be/qEtAzTfA9EI>

**Description of advocacy activities:**

- Education of a healthy lifestyle for a healthy kidney to laymen, patients, families, and young kids (KIDNEY KIDS Program) with various stakeholders (patient groups, medical profession associations, hospitals, universities, social-religion organizations, ministries and governments, private healthcare companies, and society) through talk shows, discussions, webinars, and fun walks (exercise activities)
- Renal screening test to identify the risk factors.