



WKD 2022 Report

Name: World Kidney Day 2022 – Kidney Health for All

Organization name: India Renal Foundation (IRF) is a voluntary not-for-profit health organization working for Prevention, Treatment, Rehabilitation, Education and Research in the area of kidney diseases in Gujarat since January 2002.

Prevention through awareness program is the core activity of the foundation and dissemination of information for Prevention of Kidney Diseases through Awareness Program is being done relentlessly since inception of IRF. Most districts of Gujarat have been covered and have done more than 20000 programs for prevention of kidney diseases across Gujarat and more than 30 lac people have been made aware and still counting.

Our job is to make people understand that healthy kidneys are important to live healthy life. Kidney diseases are silent killers which affects quality of life. We explain that kidney disease can be easily identified through inexpensive simple test. Through our presentations we also remind them that people with Diabetes, High Blood Pressure and over the age of 60 should regularly get themselves checked for their kidney function. It is well known that High BP and Diabetes are increasing day by day and in fact they are the major risk factors of chronic renal disease.

Foundation is also giving financial assistance to Renal Failure patients for their treatment under the program called '**Save a Life**'. **More than 250 patients** are being given financial assistance every month. We also work for their rehabilitation under the program called '**Prerana**'. Foundation also raises awareness about '**Organ Donation**' and promotes '**Cadaver Organ Donation**' under '**Jivandaan**' program.

Today IRF is in its 20th year and has 9 chapters in the state of Gujarat functioning at Ahmedabad, Mehsana, Vadodara, Surat, Bhavnagar, Rajkot Kutch-Bhuj, Geer-Somnath and Himmatnagar and have prominent citizens as advisory committee members at all chapters.

Country: India

Number of events organized/collected in your country: 6

Activities of note (please give a brief description of the activity with links to online sources that mentioned it):

Indian Renal Foundation celebrated World kidney day on 10 March 2022 across Gujarat state at our below Chapters

Ahmedabad



As part of the celebration of World Kidney Day we had organized Kidney Awareness Program for the professors at Govt. Girls Polytechnic College and L.D Engineering College in which Dr. Hashit Patel (Nephrologist) Kidney Specialist at LD Engineering College gave detailed information about kidney diseases to all Professors through projector. Also, all the professors of both the colleges were medically tested for BP, Diabetes and Kidney (Serum Creatinine)

Also, on this day a free BP, Diabetes and Kidney Checkup Camp was organized for the citizens of Ranip area at Shri Nilkanth Mahadev Temple, Balolnagar, Ranip, Ahmedabad which benefited 250 citizens.

Vadodara

India renal foundation had organized “World kidney day, 2022” program at police headquarters, Pratapnagar, Vadodara. In collaboration with SHE team, Vadodara.in this program the guest of honors was Vaishaliben Parmar- PSI of SHE team and the keynotes speakers of this event was well-known nephrologist of Vadodara Dr. Harshal Joshi. Moving Forwards, Dr. Harshal Joshi gave a descriptive presentation about the structure of the Kidney, kidney diseases, its precautions; types of dialysis, process of kidney transplant and cadaveric organ donation and Doctor Harshal Joshi gave us the knowledge that when a person is taking painkillers, he/she should consume more than 3 liters of water.

Then after a narrative session the participants asked few questions about how elephant foot is related with the kidney, what should be the normal Blood pressure, diabetes. The program ended on the good note with the national anthem. The program was attended by more than 150 SHE team police officers and they were provided with the refreshments.

Mehsana

Celebration of this day at Mehsana chapter, an awareness rally was organized in Vadnagar city as well as BP, Diabetes Camp was organized in Kalol city and Kidney awareness information booklets were distributed. In addition, at Meu and Dediyan villages organized Kidney Awareness program and BP, diabetes, and kidney checkup camp.

Bhavnagar

World Kidney Day was celebrated by organizing various programs on this day at Bhavnagar Chapter in which drawing and essay competition, Kidney Awareness Walk and Awareness Program on Kidney Disease at District Institute of Education and Training college, In which Dr. Nilav Shah (Nephrologist) gave his speech.

Rajkot

A Kidney Awareness Program was organized for the students at Government Women's ITI College and the citizens of Himmatnagar Society, Shitalpark at Rajkot and organized BP, Diabetes and Kidney Checkup Camp for K.B Jasani High School staff.

Surat

On World Kidney Day, Kidney Awareness programs were organized for two organizations in Surat Chapter. First program was done for the employees of HPCL, Hazira in which Dr. Anil Patel (Nephrologist) informed



the staff of the HPCL about kidney diseases. Another program was held at Vibrant College in which Dr. Deepak Tamakuwala (Nephrologist) delivered his speech about Kidney.