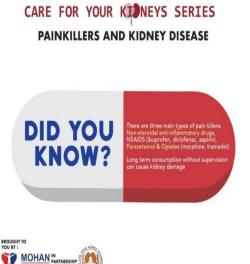


#### Patient sensitization through social media posts - Care For Your Kidneys Jan 2022







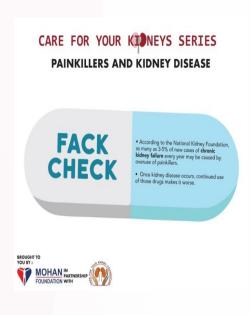


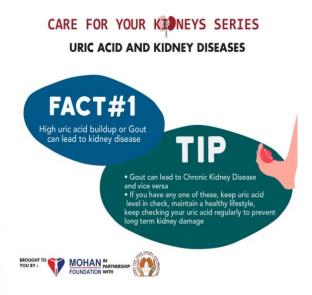
These social media posts reached 5,226 posts





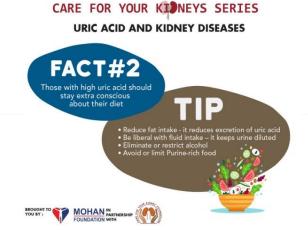
# Patient sensitization through social media posts - Care For Your Kidneys Jan 2022







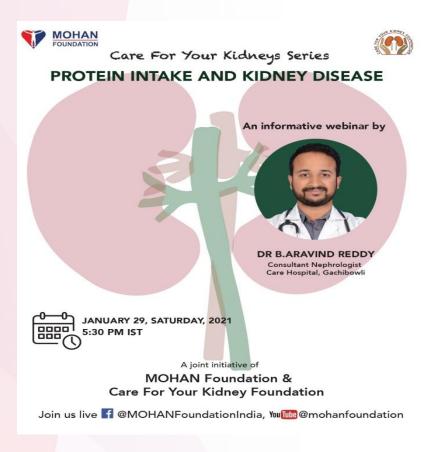




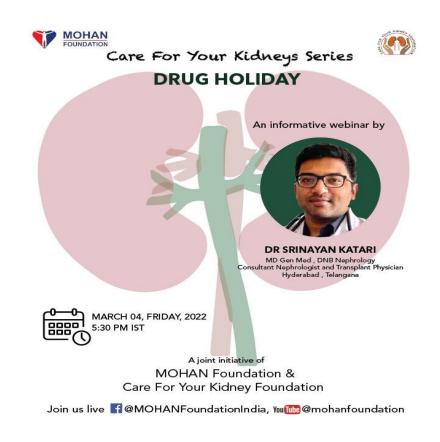
The Social social media posts uploaded in Feb and Mar 2022 reached 10,743 people



Webinar on Urinary Tract Infections and Kidney diseases, Drug Holiday and Kidney Disease was conducted on January and March 2021 under Care For Your Kidneys Series.



This webinar was reached to 20 live participants, 45 views in Youtube, 164 views in Facebook and the post reached 800 views.



This webinar was reached to 25 live participants, 144 views in Facebook and the post reached 1270 views.



# "Everything you need to know about Kidney Transplants"a workshop for Dialysis patients

On March 26, 2022 MOHAN Foundation and its Patient Support Group- TRIOMPH (Transplant Recipients of India and Organ failure patients – a Movement to Provide Hope) conducted an interactive webinar on "Everything you need to know about Kidney Transplants". Ms. Jaya Jairam, TRIOMPH's lead and Project Director at MOHAN Foundation discussed at length, various aspects of kidney transplant

478 people viewed the virtual workshop.







# Webinar on "Self Examination to Detect Nutritional Deficiencies" in partnership with Nephroplus

On March 10<sup>th</sup> 2022 on the occasion of World Kidney Day MOHAN Foundation conducted a webinar on the topic "Self Examination to Detect Nutritional Deficiencies" in collaboration with Nephroplus. The speaker of the event were Ms. Pooja Lakhani(Registered Dietician, Certified Nutrition and Support Clinician) and Mr. Kamal Shah (Co-founder and Director at Nephroplus, on dialysis since 1997 does daily nocturnal home hemodialysis) and the webinar was moderated by Ms. Jaya Jairam(Kidney transplant recipient) Ms. Pooja began by explaining what exactly the Nutrition Focussed Physical Examination (NFPE) is? She shared about complete nutrition focused physical examation, along with this common signs of malnutrition was also discussed.





#### Motivating Dialysis patients – a patient perspective on 'Kidney Transplant and its impact on life: A positive approach'

On March 6, 2022, a Virtual Kidney Health and Dialysis Care Summit was organized by Nephroplus. It was a knowledge forum on kidney health and dialysis care. Ms. Jaya Jairam was invited to speak on a session on 'Kidney Transplant and the impact on life: A positive Approach'.

She shared her own story of how a kidney transplant gave her a second chance at leading a normal and good quality of life after having been detected with chronic kidney failure and having undergone dialysis. Thereafter, she encouraged the audience to objectively approach and understand the processes and options involved in kidney transplant and how they can go about it.



