WKD 2023 Report

Name: CKD Screening and Kidney Disease Awareness Programs in Kandy District, Sri Lanka

Organization name: CERTKiD (Centre for Education, Research, and Training in Kidney Disease)

Country: Sri Lanka

Number of events organized/collection in your country: 6

Activities of note (please give a brief description of the activity with links to online sources that mentioned it):

1. Kidney disease awareness program

A kidney disease awareness program was conducted at the Teaching Hospital, Peradeniya, to mark World Kidney Day 2023. Three hanging banners and four standing banners were displayed on the hospital premises to educate the public. Chronic Kidney Disease (CKD) awareness leaflets were distributed among the patients and visitors at the hospital premises, along with a brief talk to educate them regarding the importance of kidney disease awareness. The brief information session covered the possible causes of kidney diseases, common public misconceptions regarding their causes, and the importance of proper awareness of kidney diseases. The leaflet covered the major functions of the kidneys, an introduction to CKD, its symptoms and possible complications, the groups of people at high risk of CKD, as well as the protective measures that can be undertaken to maintain kidney health.

Facebook link:

https://www.facebook.com/CERTKiD/posts/pfbid0b1u5L7kAniZ8sqtU5ujxtEicLcK3QDdQbp2mMWZNC2pPjY5PK2m5MAI4pDxDG8Fpl

2. CKD screening and awareness programs

World Kidney Day 2023 was on 09th March 2023, and the theme for this year was 'Prepare for the unexpected, supporting the vulnerable'. Aligning with this theme, we organized five CKD screening and awareness programs in the Kandy district within the months of February and March 2023. The programs were conducted parallel to the study 'Prevalence and disease patterns of Chronic Kidney Disease among adults in the Kandy district – Sri Lanka’ conducted by CERTKiD.

i. Katakumbura area of Kandy District on the 29th and 30th of March 2023
ii. Ganguldeniya area of Kandy District on the 23rd and 24th of March 2023

iii. Narangaskumbura area of Kandy District on the 01st and 02nd of March 2023

iv. Hamangoda North area of Kandy District on the 22nd and 23rd of February 2023

v. Rathmale area of Kandy District on the 9th and 10th of February 2023

Attach representative pictures:

Figure 01: Screening and Awareness program in the Katakumbura Area
Figure 02: Screening and Awareness program in the Gaguldeniya Area

Figure 03: Screening and awareness program in the Narangaskumbura area
Figure 04: Screening and awareness program in the Hamangoda North area

Figure 05: Screening and awareness program in the Rathmale area