What can you do to help World Kidney Day raise awareness through Social Media?

If you are participating in or organising an event on WKD, here are 4 ways to share your story with the WKD community:

- Tweet it using the hashtag #WorldKidneyDay
- Post it on our Facebook page World Kidney Day_Official
- Share it on Instagram using the hashtag #WorldKidneyDay
- Send it by email to info@worldkidneyday.org

On World Kidney Day, help us spread our message on social media. Here are some ideas you could use:

1 in 10 people in the world suffers from kidney disease. #WorldKidneyDay

Chronic kidney Disease has no symptoms. Awareness is key to prevention #WorldKidneyDay

Kidneys filter 1.700 liters of blood in 1 day! Keep them healthy. #WorldKidneyDay

Today is #WorldKidneyDay! Spread the word, raise awareness and act early to prevent kidney disease

Kidney Disease & Children: Act early to prevent it! #WorldKidneyDay