



Health & Kidney Awareness

Free screening and advice session.

Meet doctors, nurses and healthcare professionals from Aintree's Nephrology Team, Aintree Kidney Patients' Association (AKPA) and Southport Kidney Fund (SKF).

Health and Well-being team
Free drop-in session.
No appointment needed.

- Glucose testing
- Urine testing
- Cholesterol testing
- Blood pressure checks
- Pharmacist advice
- Dietary advice
- Heart rate check up
- Organ donation registration
- BMI (healthy weight assessment)
- Well-being team available

**Thursday
8th March
2018,
10.00am –
4.00pm**

**The Aintree
Lodge Boardroom
Aintree University
Hospital**

**Thursday
12th April
2018,
10.00am –
4.00pm**

**Main Corridor,
Southport
General Hospital**

ALL WELCOME!